

**Program of the XVI National Congress of Geriatrics and Gerontology  
with International Participation**

*«Romanian Geriatrics at 50 years since Professor Doctor Ana Aslan became a member of the Romanian Academy»*

**Bucharest • 23<sup>rd</sup> October–26<sup>th</sup> October 2024**

**ROMANIAN ACADEMY – “ION HELIADE RĂDULESCU” LIBRARY AMPHITHEATRE (23.10.2024 – 25.10.2024)**

<b>WEDNESDAY 23<sup>rd</sup> October</b> – ON-SITE –	<b>THURSDAY 24<sup>th</sup> October</b> – ON-SITE –	<b>FRIDAY 25<sup>th</sup> October</b> – ON-SITE –	<b>SATURDAY 26<sup>th</sup> October</b> – ONLINE –
<p><b>09.00 – 10.00 – OPENING CEREMONY</b> <b>Speech of the Guests</b></p> <p><i>10 :00-10:15 – Coffee break</i></p> <p>10:15-10:45-New Guidelines for the Management of Osteoporosis - Prof. Dr. Cătălina Poiană (Buc.)</p> <p>10:45-11:15- Novelties in vaccination of older adults - Prof. Dr. Mario Barbagallo (Italy)</p> <p>11:15-11:45- Psychiatric pathology in the 3<sup>rd</sup> decade of life - Prof. Dr. Mirela Manea (Buc.)</p> <p>11:45-12:15- Therapeutic communication in healthcare - Șef Lucr. Dr. Carmen Mazilu (Buc.)</p> <p>12:15-12:40- Gastroesophageal reflux disease from the geriatrician’s perspective - Prof. Nicolae Bodrug (Republica Moldova)</p> <p>12:40-13:00- A New Concept for Influenza Vaccines in Older - Protection Beyond Influenza - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p><i>13:00 – 14:00 – Lunch Break</i></p> <p>14:00-14:20- Novelties in the management of fall in older adults - Conf. Dr. Anna Marie Herghelegiu (Buc.)</p> <p>14:20-14:40- Management of agitation and aggressiveness in Alzheimer’s disease - Prof. Dr. Cătălina Tudose (Buc.)</p>	<p><b>09:00 – 13:00 – SESSION I</b></p> <p>09:00-09:15 – Approach of the geriatric rehabilitation of patients with osteoporosis - Dr. Sandra-Monica Gîdei (Buc.)</p> <p>09:15-09:30 – Metabolic syndrome – predictor of frailty in geriatric patients: perspectives and implications - Dr. Costina Daniela Gîță (Buc.)</p> <p>09:30-09:45 – Multidisciplinary approach of the Raynaud phenomenon in the context of autoimmune diseases in the older adults – clinical case - Dr. Andreea-Mihaela Dușa (Buc.)</p> <p>09:45-10:00 – Influence of artificial intelligence on the diagnosis of older adults - Dr. Ana-Gabriela Prada (Buc.)</p> <p>10:00-10:25- Vitamins deficit in patients with diabetes mellitus - Prof. Dr. Camelia Diaconu (Buc.)</p> <p>10:25-10:50 – Complex benefits of correcting the deficit of vitamin B12 - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p><i>10:50-11:00 – Coffee break</i></p> <p>11:00-11:20 – Improving compliance and efficacy of the treatment for osteoporosis - Dr. Rașcu Mihai Ciprian (Buc.)</p> <p>11:20-11:40- Solutions for metabolic health and longevity. Therapeutic indications of NMN - pshi. Cătălina Caraman (Buc.)</p>	<p><b>09:00 – 13:00 – SESSION I</b></p> <p>09:00-09:15- The 6 minute walk test: when, how and why - Dr. Izabela-Corina Platon (Buc.)</p> <p>09:15-09:30- Cortisol and ageing – a two-way street - Conf. Dr. Valer Ioan Donca (Cluj-Napoca)</p> <p>09:30-09:45- Acute neurocognitive disorders in the geriatric practice - Asist. Univ. Dr. Ovidiu-Lucian Băjenaru (Buc.)</p> <p>09:45-10:00- Impact of neurocognitive disorders on risk of osteoporosis complications - Asist. Univ. Dr. Cătălina Raluca Nuță (Buc.)</p> <p>10:00-10:30 - Recapitulating Biogerontology and Its Challenges - Prof. Dr. Suresh Rattan (Denmark)</p> <p>10:30-11:00- Recent Reform of Italy’s Long-term Care System for Frail Older People - Prof. Dr. Giovanni Lamura (Italia)</p> <p>11:00-11:30- Atrial fibrillation in older adults – EUROSAF Study - Prof. Dr. Timo Strandberg (Finland)</p> <p>11:30-12:00- Management of older adult patients with oncologic pathologies – model from Poland - Prof. Dr. Katarzyna Szczerbinska (Poland)</p> <p>12:00-12:30- Digestive tract cancer prevention in older adults - Prof. Dr. Dan Dumitrașcu (Cluj-Napoca)</p>	<p><b>08:00 – 14:00</b></p> <p>08:00-08:30- Prevention methods of disability in older adults with frailty syndrome - Prof. Dr. Antonio Cherubini (Italy)</p> <p>08:30-09:00 – Prophylaxis in Respiratory Syncytial Virus Infection in Older Population - Prof. Stefania Maggi (Italy)</p> <p>09:00-09:30- Multidisciplinary approach in the geriatric pathology: a complex case of oral lichen planus at a severely frail patient with multiple comorbidities - Dr. Juncă V. (Cluj-Napoca)</p> <p>09:30-10:00- Sleep disturbances in older adults - Conf. Dr. Anna Marie Herghelegiu (Buc.)</p> <p>10:00-10:30 – Heart failure with preserved systolic function at the geriatric patient – diagnosis and characteristic features - Dr. Monica Șușan (Timișoara)</p> <p>10:30-11:00- Cognitive impairment in the older adult: current considerations and approaches - Conf. Dr. Irina Eșanu (Iași)</p> <p>11:00-11:30- Assistive technologies in older adults – a contemporary perspective - Dr. Ileana Ciobanu (Buc.)</p>

<p>14:40-15:10 – Risk factors and evaluation instruments of osteoporosis risk in the family medicine practice - Conf.Univ.Dr. Iancu Adela (Buc.)</p> <p>15:10-15:30 – Iron and mitochondrial dysfunction - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p>15:30-15:50 – Pain management in older adults: what can the ozone do? - Conf. Adriana Botezatu, Prof.Nicolae Bodrug (Republica Moldova)</p> <p>15:50-16:50 - Geronto-rheumatology: the need for a new subspecialty - Conf. Dr. Denisa Predețeanu (Buc.) - Dr.Mădălina Roșu (Buc.)</p> <p>16:50-17:20 – A new direction in the geriatric rehabilitation – the use of EEG and robotics in older adult care - Șef Lucr. Dr. Sorina Maria Aurelian (Buc.)</p> <p>17:20-17:50 – Importance of frailty evaluation in the older adult with cardiovascular pathology and comorbidities - Șef Lucr. Dr.Andreea Zamfirescu (Buc)</p> <p>17:50-18:15 – Challegnes in treating cardiovascular pathologies in older adults - Șef Lucr. Dr. Monica Popescu (Buc.)</p>	<p>11:40-12:00 – Nutritional challenges in the older adults – solutions for an optimized intake of vitamins and minerals - Farm. Andreea Ivan (Buc.)</p> <p>12:00-12:15 – Diagnostic management of sarcopenia in older adults from Republic of Moldova - Dr. Ana Popescu (Republica Moldova)</p> <p>12:15-12:35 – Population structure and dimensions of the European Geriatrics and Gerontology - Conf. Dr. Anna Marie Hergheliegiu (Buc.)</p> <p>12:35-13:00 – Pharmacologic approach of affected domains in neurocognitive disorders – EVER - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p><i>13:00 – 14:00 – Lunch Break</i></p> <p><b>14:00 – 17:10 – SESSION II</b></p> <p>14:00-14:20 – Importance of Booster Vaccination of Adults for Diphtheria, Tetanus and Pertussis - SANOFI - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p>14:20-14:40 – Computerized volumetry of cortical areas – precision method in differential diagnosis of neurocognitive disorders – prospective observational study in the Oxygene Geriatrics Hospital, Otopeni - Dr. Adrian Stănescu (Buc.)</p> <p><b>14:40-15:25 – ROUND TABLE (Iași)</b> „Old Age – from prevention to terminal care”</p> <p>14:40-14:55 - Prevention – the role of determining the intrinsic capacity - Conf. Dr. Adina Carmen Ilie (Iași)</p> <p>14:55-15:10 – Complex therapeutical approach of the older adult patient - Șef Lucr. Dr. Anca Iuliana Pîslaru (Iași)</p>	<p>12:30-13:00- TAVI – transaortic valvular implantation – in aortic valve stenosis in the older adults - Prof. Dr. Dan Rădulescu (Cluj-Napoca)</p> <p><i>13:00 – 14:00 – Lunch Break</i></p> <p><b>14:00 – 18:00 – SESSION II</b></p> <p>14:00-14:15- Overtraining syndrome and sarcopenia in older adults - Șef Lucr. Dr. Maura-Gabriela Felea (Iași)</p> <p>14:15-14:30 – Older adults and genetic polymorphism - Conf. Dr. Ovidiu Nicolae Peneș (Buc.)</p> <p>14:30-15:00- Features of treatment for late onset depression - Prof. Dr. Adela Ciobanu (Buc.)</p> <p>15:00-15:30 – Oxidative stress and inflammation in mechanisms of neuropathic pain - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p>15:30-15:45- Polarized light - un adjuvant în cicatrizarea plăgilor superficiale - Dr. Maria Gavrilovici (Buc.)</p> <p>15:45-16:00- Benefits of using transcranial magnetic stimulation (TMS) in the treatment of Parkinson disease in the older adult - Asist. univ. Dr. Valeria Mădălina Alecu-Mihai (Buc.)</p> <p>16:00-16:15 - Evaluation and approach of malnutrition and of nutritional deficits in older adults - Dr. Mihaela Roman (Buc.)</p> <p>16:15-16:30- Nasopharyngeal cancer is frequent in young adults, but it does not exclude older adults - Dr. Daniela Neacșu (Buc)</p> <p>16:30-17:00- Leonetti Claeys Law: until death we support life! - Dr. Mihail Bădescu (France)</p>	<p>11:30-12:00 – Clinical manifestations and complications of chronic kidney disease in older adults - Asist. Univ. Dr. Sinziana Georgeta Moscu (Buc.)</p> <p>12:00-12:20- Intestinal microbiota and Alzheimer’s disease: impact of Neuropolen - Prof. Dr. Manole Cojocaru (Buc.)</p> <p>12:20-12:40- Neurosensory disorders and their impact on the older adult - Asist. Univ. Dr. Gabriela Cristina Chelu (Buc.)</p> <p>12:40-13:00 – The frailty syndrome in the older adult - Asist. Univ. Dr. Cătălina Raluca Nuță (Buc.)</p> <p>13:00-13:30 – Prevention in neurocognitive disorders at the older adults - Asist. Univ. Dr. Ovidiu-Lucian Băjenaru (Buc.)</p> <p>13:30-13:45-Standards regarding medico-social services in residential care centers - Dr. Nina Maria Diaconescu (Buc.)</p> <p>13:45-14:00- Characteristic features of the diagnosis of neurocognitive disorders in older adults - Prof. Dr. Gabriel-Ioan Prada (Buc.)</p> <p><b>14.00–14.30</b> <b>Closing Ceremony</b></p>
---	--	--	---

	<p>15:10-15:25 – Terminal care and palliative geriatrics - Dr. Ramona Ștefăniu (Iași)</p> <p>15:25-15:40 – Variations of heart rate - marker of heart failure in older adult patients - Dr. Ana-Maria Turcu (Iași)</p> <p>15:40-15:55 – Resilience in older adults: connecting psychosocial and physical dimensions for a successful ageing - Dr. Gabriela Grigoraș (Iași)</p> <p>15:55-16:10 – The role of bioimpedance in evaluating nutritional status and sarcopenia in the older adult - Dr. Albișteanu Sabinne-Marie (Iași)</p> <p>16:10-16:20 – Management of intrinsic capacity decline in the older adult patient - Dr. Diana-Gabriela Constantinescu (Iași)</p> <p>16:20-16:30 – Complex approach of the multiple vascular conditions in the older adult patient - Dr. Vlad-Andrei Ștefaniu (Iași)</p> <p>16:30-16:40 – Arterial orthostatic hypotension, polypharmacy and polyopathy in the older adult: a complex triad - Dr. Dan Spulber (Iași)</p> <p>16:40-16:50 – Obstructive hypertrophic cardiomyopathy – an overlooked diagnosis in the older adult - Dr. Maria-Bianca Anghelache (Iași)</p> <p>16:50-17:00 – From arterial hypertension to late onset MEN 1 syndrome - Dr. Diana-Ioana Popescu (Iași)</p> <p>17:00-17:10 – Doctor-patient communication in the department of palliative care - Dr. Al Aloul Adnan (Râmnicu Sărat și Buc.)</p>	<p>17:00-17:20- Alternative methods of increasing the quality of life for older adults with reduced opportunities - Dr. Psih. Rozeta Drăghici (Buc.)</p> <p>17:20-17:40- Importance of pelvic floor rehabilitation in geriatric and pre-geriatric female patients - Bogdan Dragoș (Buc.)</p> <p>17:40-18:00- Residential architecture as support for at home ageing and in the community – from intelligent adaptations to innovative concepts of age-friendly living - Șef Lucr. Dr. Arh. Mihaela Zamfir (Buc.)</p> <p><b>18.00 – 19.00 Scientific communications session – ONLINE</b> – <b>GERIATRIC NURSING</b></p>	
--	---	--	--